

**Public concerned:** The seminar is intended for all medical professions (*medical doctors, dentists, midwives, veterinary doctors*) but also for all professions of health care interested in complementary medical techniques.

**Treated subjects:** The goal of this seminar is to explain the fundamental knowledge about auriculotherapy and to allow the participants to practice this method via understanding the method, as well as by the help of treatment protocols often encountered in daily medical practice.

**Requirements:** Existing knowledge in auriculotherapy is welcome but not compulsory. Those, who do not know auriculotherapy yet, can study the book "Auriculotherapy" (*Raphaël Nogier, Thieme Editions*) or "Elements of Auriculotherapy" (*by René Bourdiol*) to prepare for the seminar.

**Lecturer: Raphaël Nogier (M.D.),** is practitioner in auriculotherapy for thirty years. Author of many publications on auriculotherapy, he has taught this discipline all over the world. He was president of the working group (W.H.O) for the standardization of auricular points nomenclature. Today, he is president of GLEM – Lyon Medical Studies Group, which gathers a large number of medical doctors working in the field of auriculotherapy. Son of Paul Nogier, the inventor of auriculotherapy, Raphaël Nogier worked close to his father for many years.

**Language:** The seminar will be held in English. Some parts will be directly taught by Raphaël Nogier in English. Some other parts will be translated.

**Location:** 49 rue Mercière, 69002 Lyon (city center)

**Seminar hours:** 9 am – 10:30 am / 11 am – 11:30 am ; 2 pm – 3:30 pm / 4 pm – 5:30 pm

## PROGRAMME

### 1<sup>st</sup> DAY :

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Introduction : Presentation of auriculotherapy

- Place of auriculotherapy in medicine
- History of auriculotherapy
- How did Paul Nogier establish the ear point maps
- Auriculotherapy and WHO: Seoul 1987, Genève 1989, Lyon 1990
- INSERM report (2014)

Short auricle anatomy with point-zero description

Ear innervation

Two types of points

Anterior and posterior part of the ear

Studies on localizations

Spine: vertebral bodies, para-vertebral muscles, latero-vertebral sympathetic chain.

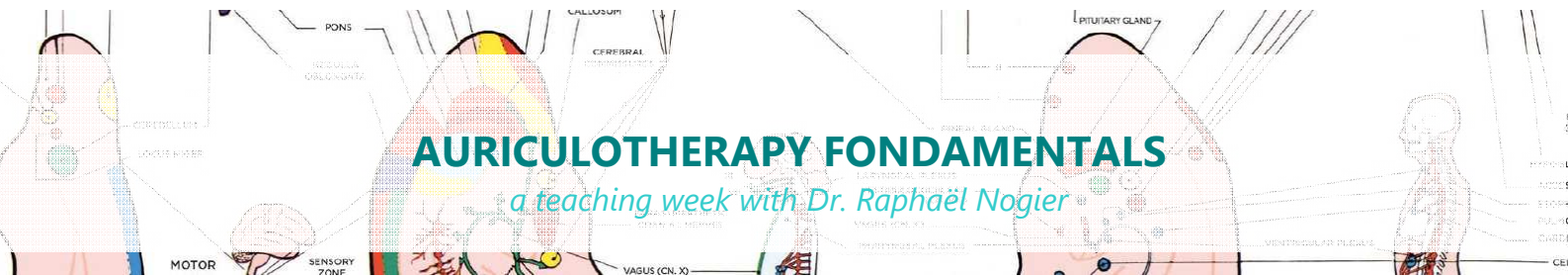
### 2<sup>nd</sup> DAY :

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Upper limb: shoulder, elbow, wrist, hand.

Lower limb: hip, knee, ankle

Reproductive organs



# AURICULTHERAPY FONDAMENTALS

*a teaching week with Dr. Raphaël Nogier*

Digestive system: Mouth, Oesophagus, Stomach, Duodenum, Intestine, Colon, Rectum, Anus, Liver, Pancreas

Nervous system: localisations

**3<sup>rd</sup> DAY :** a day off.

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**Opportunity for the participants to visit Lyon**

**4<sup>th</sup> DAY :**

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Symmetry and laterality

What is a symmetry?

What is a laterality?

Incidence of laterality on spinal pain

How to detect an ear point?

- Electronic device
- The feeler pressure

How to treat an ear point?

- Massage
- Electricity

Frequencies: presentation

How to treat an acute pain?

Sciatica, Cervico-brachial neuralgia, Torticollis, Lumbago, Spinal pain, Shoulder pain

How to treat:

- a chronic pain
- tobacco addiction
- PTSD

Employed devices

- Blue feeler pressure
- Electronic device
- Glass rod for point massage
- Needles
- Stainless steel pearls
- GL+

**5<sup>th</sup> DAY :**

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Obstacles to the treatment

- First rib syndrome
- Dental focus
- Disturbing scars

Demonstrations